

INDUBHAI PAREKH SCHOOL OF ARCHITECTURE, RAJKOT

STUDENT COUNSELLING Cell (MHWC)

COUNSELLING REQUEST FORM

Sr. No.	Particular	Details
1	Name of Student	
2	Roll No.	
3	Semester	
4	Contact Number (M)	
5	Email ID	
6	Reason for Counselling (Tick)	Academic Stress / Exam Stress / Personal Issue / Emotional Issue / Time Management / Peer Issue / Family Issue / Other
7	Brief Description of Concern	
8	Preferred Mode of Counselling	In-person / Online / Telephonic
9	Preferred Date & Time	
10	Have you taken counselling before?	Yes / No
11	If yes, when?	

Declaration by Student:

I understand that the counselling process is confidential and meant for my well-being. I am voluntarily seeking counselling support.

Student Signature: _____

Date: _____

INDUBHAI PAREKH SCHOOL OF ARCHITECTURE, RAJKOT

STUDENT COUNSELLING CELL (SCC)

STUDENT SELF-DECLARATION FORM

I, _____, Roll No. _____, studying in Semester _____, voluntarily agree to participate in counselling sessions conducted by the STUDENT COUNSELLING CELL (SCC) of IPSA.

I understand that:

- The counselling is meant for my mental and emotional well-being.
- The information shared during counselling will remain confidential.
- In case of serious risk to my safety or others, the institute may inform the Principal/Guardian for necessary support.
- I am attending counselling on my own will and for my well-being.

Name of Student: _____

Signature of Student: _____

Date: _____

Counsellor Signature: _____